



### ABOUT SAGE LONDON COUNSELLING

I am Margaret Reiser, the founder of Sage London Counselling. Here at Sage, we do things differently. While I will support you and your needs in a safe, caring environment, I will also not let you founder. I am a results-driven therapist and will focus on your therapeutic goals, which we will set together, and help you to achieve them. Unlike other therapists, I will not allow you to languish in the abyss. I offer a calm, empathetic, yet directive approach that I will tailor to suit your specific needs. Sign up for a 30 minute trial session, right here on the website, or take advantage of our package deal which offers tremendous value. All hoc sessions available as well; we will find a schedule to fit your lifestyle and finances. Do not hesitate to get in touch. Together we will find the light.



### COUNSELLING SERVICES

Here are some of my areas of interest and expertise:



- Relationship Issues
- Stress Management
- Bereavement/Loss
- Heartbreak
- Anxiety
- Depression
- Sexual Abuse
- Trauma
- Low Self-Esteem/Mood
- Trauma Recovery
- Disordered Eating
- Divorce/Separation

### 30 MINUTE INTRODUCTORY SESSIONS

New to therapy? If you would like to have an affordable introductory session to see if counselling is right for you, you can book a session below.

[BOOK NOW](#)

### CORPORATE COUNSELLING

Create a supportive workplace

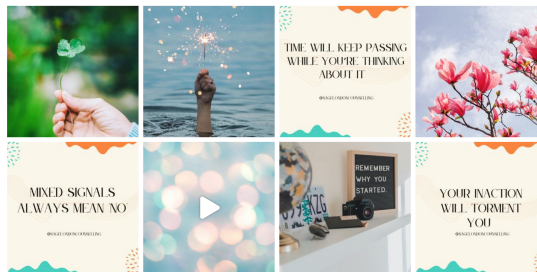
Services and workshops available for businesses and corporations who believe their companies would benefit from in-house services.

- Anxiety
- Depression
- Stress/Work-Life Balance
- Expatriate Issues
- Workplace Conflict
- Major Life Transitions
- Infidelity
- Performance-Based Pressures

As well as many other workplace-related concerns



sagelondoncounselling



[Load More](#) [Follow on Instagram](#)

Sage London Counselling

© 2022 Sage London Counselling - All Rights Reserved.  
Ethics Policy & Terms & Conditions



07400 755 753

[E-mail](#)



Site design by [marimemo.design](#)

Desktop



### ABOUT SAGE LONDON COUNSELLING

I am Margaret Reiser, the founder of Sage London Counselling. Here at Sage, we do things differently. While I will support you and your needs in a safe, caring environment, I will also not let you founder.

I am a results-driven therapist and will focus on your therapeutic goals, which we will set together, and help you to achieve them. Unlike other therapists, I will not allow you to languish in the abyss. I offer a calm, empathetic, yet directive approach that will take you to your specific needs.

Sign up for a 30 minute trial session, right here on the website, or take advantage of our package deal which offers tremendous value. All hoc sessions available as well, we will find a schedule to fit your lifestyle and finances. Do not hesitate to get in touch, together we will find the light.



### COUNSELLING SERVICES

Here are some of my areas of interest and expertise:



- Relationship Issues
- Sexual Abuse
- Stress Management
- Trauma
- Bereavement/Loss
- Low Self-Esteem/Mood
- Heartbreak
- Trauma Recovery
- Anxiety
- Disordered Eating
- Depression
- Divorce/Separation

### 30 MINUTE INTRODUCTORY SESSIONS

New to therapy? If you would like to have an affordable introductory session to see if counselling is right for you, you can book a session below.

[Book Now](#)

### CORPORATE COUNSELLING

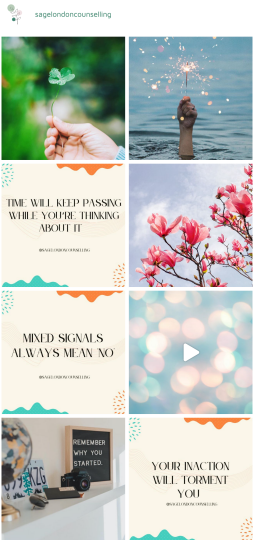
Create a supportive workplace

Services and workshops available for businesses and corporations who believe their companies would benefit from in-house services.

- Anxiety
- Depression
- Stress/Work-Life Balance
- Expatriate Issues
- Workplace Conflict
- Major Life Transitions
- Infidelity
- Performance-Based Pressures



As well as many other workplace-related concerns



[Load More](#) [Follow on Instagram](#)

Tablet



### ABOUT SAGE LONDON COUNSELLING



Lynne Rogers BSc, the founder of Sage London Counselling, has over 20 years of group experience. She has worked with individuals, couples, families, and organisations. Lynne is a member of the British Association of Counsellors and Psychotherapists (BACP) and is a qualified supervisor. She has a wealth of experience in working with individuals, couples, families, and organisations. Lynne is a member of the British Association of Counsellors and Psychotherapists (BACP) and is a qualified supervisor. She has a wealth of experience in working with individuals, couples, families, and organisations.



[http://www.sagelondoncounselling.co.uk](#)

### COUNSELLING SERVICES

Here are some of the groups of interest and expertise



- Relationship Issues
- Stress Management
- Relationships/Couples
- Workshops
- Anger
- Depression
- Sexual Abuse
- Trauma
- Low Self Esteem/Confidence
- Trauma Recovery
- Divorce/Separation
- Children/Adolescents

### 30 MINUTE INTRODUCTORY SESSIONS

How do I get help? If you would like to know more about our services, please contact us for a free introductory session. We will discuss your needs and how we can help you.



### CORPORATE COUNSELLING

Create a supportive workplace. We offer a range of services for businesses and organisations. Our services are designed to help you create a supportive workplace for your employees.

- Assess
- Develop
- Implement
- Evaluate
- Monitor
- Review
- Improve
- Support
- Develop
- Implement
- Evaluate
- Monitor
- Review
- Improve
- Support



### Workshops and Seminars



Mobile