

I specialize in counseling for



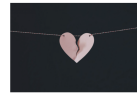
Relationships



Parenting



Anxiety



Infidelity



Sex & Sexuality



Chronic Illness



Special Needs Families



Disability



Life Transitions



Women's Issues



Spirituality



Self-Esteem

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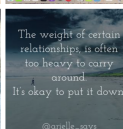
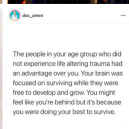
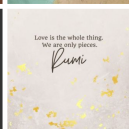
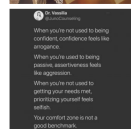
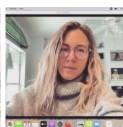
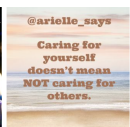
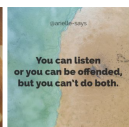
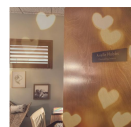
Here's what my clients have to say

"She was available to me even outside the scope of our appointments"

"I have spent most of my life not knowing how to love myself, not knowing how to properly stick up for myself in a healthy manner, and never knowing how to accept the pain that comes along with the above. I have been in and out of therapy appointments with different therapists trying to find that one that just clicked for me. One that spoke to me and not just listened or asked, "and how does that make you feel?" When all I ever wanted was to yell, "obviously miserable, that's why I'm here." I needed someone to actually guide me through different techniques on how to save my sanity. Someone to hold me accountable for not completing those techniques but still begging for the... [Read more](#)



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Counseling Areas

- Anxiety
- Chronic Illness
- Depression
- Infidelity
- Sex Therapy

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Contact Me

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Sex Abuse

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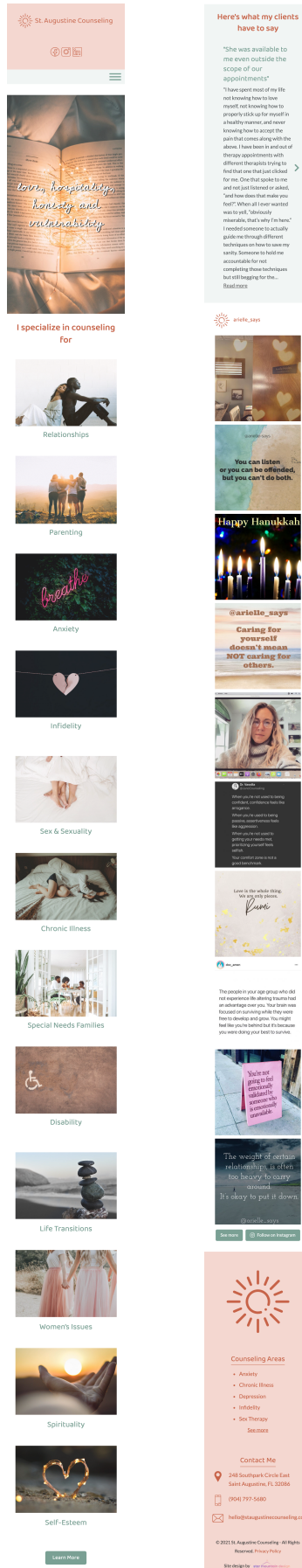
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